Are you or someone you know struggling with the cost of basic living expenses?

# Reduced income? In crisis? Need help?



causewaycoastandglens.gov.uk/advice







# Where to turn?

Where to Turn is a Causeway Coast and Glens Borough Council campaign which aims to make sure you are aware of available support services if you are facing difficulty. These organisations provide a range of wraparound services and will be able to provide you with further details of these when you contact them.

# **Advice Centres**

In the Coleraine, Limavady, Ballymoney, Ballycastle and The Glens areas contact:

### **Community Advice** Causeway

T: 028 7034 4817

E: advice@advicecauseway.com

In the Dungiven area contact:

#### Glenshane House

T: 028 7774 2494

# Food Banks

#### **Ballycastle Foodbank**

T: 075 3698 6448 T: 028 2005 4006

E: info@ballycastle.foodbank.org.uk

#### **Ballymoney Foodbank**

T: 075 6584 0571

E: info@ballymoney.foodbank.org.uk

#### Causeway Foodbank

T: 028 7022 0005

E: info@vineyardcompassion.co.uk

#### **Roe Valley Community Foodbank**

T: 028 7776 5438

E: manager@lcdi.co.uk

# **Fuel Support**

If you need emergency fuel support your local advice centre can direct you to a local organisation who may be able to help you with emergency electric or gas top up, fuel stamps or other support.





